



FOOD AND DRINK POLICY

The nursery provides the children with a snack in the mornings. The morning snack consists of a variety of fresh fruit and toast (brown and white bread) with butter. The drinks that the children are offered are water or milk. The snacks in the afternoon vary from soup, sandwiches, teacakes etc. Full menus are provided to all parents when their child starts nursery.

We offer a cooked lunch made on the hotel premises by our qualified chef. This food will not contain salt or nuts. The staffs all have a food hygiene certificate and they serve the food to the children. The children are provided with aprons to protect their clothing whilst eating.

We are happy for parents to provide their child with a healthy packed lunch if they feel their child would benefit more from this, however we do encourage all children to enjoy our healthy meal options and we ask that parents support this wherever possible.

Before a child starts at nursery we find out from parents if the child has any allergies or food intolerances, this information is documented on the registration form.

Packed lunches

- All perishables are kept in the fridge
- We will try to encourage parents to pack a healthy lunch. We discourage processed foods, sweets, cakes and sweet/fizzy drinks. Fresh water is always available.
- We will provide plates, cups and cutlery.
- Staff will sit with the children at lunch times to create a social occasion.

Sunny Beach Day Nursery

T - 01253 716004 E – info@sunnybeachnursery.co.uk

The Dalmeny Hotel, 19 – 33 South Promenade, Lytham St Annes, Lancashire, FY8 1LX
Sunnydays Childcare Limited Company Registration Number 8219093



DATE OF POLICY.....

SIGNED.....

REVIEW OF POLICY.....

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